



ST ANDREW'S
CHURCH
WEST TARRING



St Symphorian's Church
DURRINGTON



ST RICHARD'S
CHURCH
MAYBRIDGE

A RITE FOR SPIRITUAL COMMUNION

(During Eastertide)

LITURGY OF THE WORD

Find a place of quiet, perhaps light a candle by a crucifix or other Christian image, and prepare yourself to join the clergy at the celebration of the Eucharist.

Introduction and Penitential Rite

In the name of the ✠ Father and of the Son and of the Holy Spirit. Amen

Take a moment for an examination of your conscience and confess your sins

Almighty God, our heavenly Father,
we have sinned against you and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry, and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us, forgive us all that is past;
and grant that we may serve you in newness of life
to the glory of your name. Amen

Pray the collect for Trinity 21 as a mark of absolution.

Grant, we beseech you, merciful Lord,
to your faithful people pardon and peace;
that we may be cleansed from all our sins,
and serve you with a quiet mind;
through Jesus Christ our Lord. Amen.

The Readings

Together, the Church opens Holy Scriptures and reads about Christ and encounters Him. Take some time to read through the readings of the day, confident that God will reveal His will for the Church and for you personally through the Scriptures. You can find the readings of the day at the back of this booklet.

Intercessions

Use this time to pray for the needs of the Church, the World, our Nation and Government, our local parishes, the NHS and its workers, the sick and the dying and those who have departed this world. End this with praying the words of the Lord's Prayer.

LITURGY OF THE SACRAMENT

This is the time to reflect on God's continual gift of himself in the Eucharist to feed and nourish us. While we can no longer physically participate and partake of his body and blood, use this time to nevertheless focus on that gift, which he continues to feed us with spiritually. The following prayers maybe of use at this time.

A prayer to make a spiritual act of communion:

In union, O Lord with the faithful at every altar of Thy Church, where the Holy Eucharist is now being celebrated, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body with the earnest wish that may always be united to Thee. And since I can not now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. Let nothing ever separate Thee from me. May I live and die in Thy love. Amen.

Anima Christi Prayer

Soul of Christ, sanctify me;
Body of Christ, save me;
Blood of Christ, inebriate me;
Water from the side of Christ, wash me;
Passion of Christ, strengthen me;
O good Jesus hear me;
Within your wounds hide me;
separated from you, let me never be;
From the evil one protect me;
At the hour of my death, call me;
And close to you bid me; That with your saints,
I may be praising you forever and ever.

Approach to the Cross

My Jesus, I believe that you are present in the most holy sacrament of the altar. I love you above all things, and I desire to receive, body and blood, soul and divinity.
Since I cannot at this time receive you sacramentally, come at least spiritually into my heart.
I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you or from the community of your church, and lead me with all your holy people to your banquet in heaven. Amen.

Concluding Rites

Having been fed spiritually by Christ, now prepare yourself to do what he asks and to be his hands and feet in the world.

✠ The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

Let me go forth glorifying the Lord by my life.

READINGS FOR MASS

Easter Week

Easter Sunday 12th April: Acts 10:34-43; Psalm 118; Colossians 3: 1-4; John 20:1-9

Easter Monday 13th April: Acts 2:14- 32; Psalm 16; Matthew 28:8-15

Easter Tuesday 14th April: Acts 2:36-41; Psalm 33; John 20:11-18

Easter Wednesday 15th April: Acts 3:1-10; Psalm 105; Luke 24:13-35

Easter Thursday 16th April: Acts 3:11-end; Psalm 8; Luke 24:13-35

Easter Friday 17th April: Acts 4:1-12; Psalm 118; John 21:1-14

Easter Saturday 18th April: Acts 4:13-21; Psalm 118: 1-4 & 14-21; Mark 16:9-15

2nd Week of Eastertide

Sunday 20th April: Acts 2:42-47; Psalm 118; 1 Peter 1:3-9; John 20:19-31

Monday 20th April: Acts 4: 23-31; Psalm 2; John 3:1-8

Tuesday 21st April (St Anselm of Canterbury):

Acts 4:32-end; Psalm 93; John 3:7-15

Wednesday 22nd April: Acts 5:17-26; Psalm 34; John 3:16-21

Thursday 23rd April (St George):

Revelation 12:10-12; Psalm 126; 2 Timothy 2:3-13; John 15:18-21

Friday 24th April: Acts 5:34-42; Psalm 27; John 6:1-15

Saturday 25th April (St Mark the Evangelist):

1 Peter 5:5-14; Psalm 89; Mark 16:15-20

3rd Week of Eastertide

Sunday 26th April: Acts 2:14-33; Psalm 16; 1 Peter 1:17-21; Luke 24:13-35

Monday 27th April: Acts 6:8-15; Psalm 119:17-24; John 6:22-29

Tuesday 28th April: Acts 7:51-8:1; Psalm 31; John 6:30-35

Wednesday 29th April (St Catherine of Sienna):

1 John 1:5-2:2; Psalm 45; Matthew 25:1-13

Thursday 30th April: Acts 8:26-end; Psalm 66; John 6:44-51

Friday 1st May (St Joseph the Worker):

Acts 9:1-20; Psalm 117; John 6:52-59

Saturday 25th April (St Athanasius of Alexandria):

Acts 9:31-42; Psalm 116; John 6:60-69