



ST ANDREW'S
CHURCH
WEST TARRING



St Symphorian's Church
DURRINGTON



ST RICHARD'S
CHURCH
MAYBRIDGE

Holy Week Liturgies

Palm Sunday

Normally the Palm Sunday Liturgy would begin outside the church, with worshippers holding palm fronds. This is the Sunday we recall Jesus' entrance into Jerusalem, seated on a donkey. The crowds greeted Him in a regal way, thinking that He was a worldly king coming to rule them. Christians today recall this moment but knowing that Jesus is the Divine King of Creation, the one who comes to redeem, restore and save His people.

On this Sunday, the lengthy Passion narrative is read from the Gospel according to St Matthew. Traditionally, this Gospel narrative is read by three ministers, each taking different parts, one taking the words of Our Lord Jesus, one the narrator, one other speakers and the congregation the part of the crowds that cry out in condemnation. This narrative is long, but there is much to hear, much to ponder and inwardly digest in the words of the Passion Gospel. Listen for a particular word, a particular phrase or image that may give you new insight into the depth of God's love for His people and for you in particular. Let your heart be open to receiving God's love, recalling that God's heart was opened to us when He sent His only begotten Son to suffer and die for our redemption.

Although the Church cannot be together physically, we read the same passages of Holy Scripture and use the Rite of Spiritual Communion, reminding ourselves of the communion and fellowship we have with each other in our Baptism, and praying that God would give us the gift of communion with Him by the power of His Holy Spirit.

Readings for today

Isaiah 50:4-7; Psalm 22; Philippians 2:6-11; Matthew 26:14-27:66

Maundy Thursday

The Mass this evening marks the start of the Triduum (Latin for "three days"); a single liturgy that begins on Maundy Thursday, continues on Good Friday, and concludes with the Easter Vigil. Tonight we commemorate the Last Supper which our Lord shared with his apostles on the night he was betrayed. The mood is celebratory as we remember the Sacrament that is both the source and the summit of our lives as Baptised people. Jesus gives us Himself in the Holy Eucharist and shows us the depth of His love as He humbly washes the feet of His disciples, instructing us that we should continue to do these things in His Name.

We hear in the Gospel of John how Jesus washed the feet of His disciples. Christians have re-enacted this ritually on Maundy Thursday for many years. The humility that Jesus shows by washing His disciples feet is not a one time act to be imitated, however. It is a way of being, a way of living, seeking to serve and not to be served, but also having the humility to be served by others in order that we grow ever more in humility and love. This year we are unable to wash one another's feet, but we can take time to pray and ask God to show us how we might live humility in our daily lives as Our Lord commanded us. We know we will be called on to lovingly care for others in the weeks and months to come, let us pray that our hearts would be open and that God would give us the gift of true humility and the willingness to serve.

At the end of the Mass the mood changes to solemnity. We recall Jesus' betrayal by His disciple Judas Iscariot, and His time of agonising prayer in the Garden of Gethsemane. We recall this liturgically by the "stripping of the altars". This year we are not able to be in our church buildings to see their ornamentation stripped away as we normally would, the altar

laid bare, candles extinguished, the building brought to darkness. We can, however, experience something of Christ's anguish in the very fact that we are separated and isolated from one another. The fact that our churches have been standing empty for weeks, has been a "stripping of the altars" of a kind. Our uncertainty and fragility in front of the future brings to mind Our Lord's humanity, that He took our nature upon Him, that He endured temptation, anguish and suffering for us. After the Mass the Blessed Sacrament usually rests on an "altar of repose", with worshippers silently praying and spending time in the sacramental presence of Our Lord. This year, we have the opportunity to watch in our homes for an hour, two hours or through the night recalling Our Lord's trial, trusting that He is with us in our uncertainty, our sorrow, our anguish and fear. This year when many of our certainties have been shaken, we have a fresh chance to make a truly spiritual Communion and wait on Him through the night.

You might wish to have a watch in the presence of a candle, an icon of Christ, or a Crucifix. Below are some suggestions for how you can structure that watch with Christ.

Readings for today

Exodus: 12:1-14; Psalm 116; 1 Corinthians 11:23-26; John 13:1-15

A Conversation Watch

Begin by making a vivid picture in your mind of Jesus, praying to the Father in the Garden. The best prayer will be the conversation you hold with him in your own words, exactly as if he were visible to you. Tell him about yourself, your hopes and fears, your worries, what has happened to you. Also talk to him of the needs of others: the sick, the dying, the dead, the tempted, sinners, your family, your friends at home and work, those you love, those you dislike. Think over the broken relationships of your life, the bitternesses, the sins unrepented, the hurts and unforgiven words and actions. Listen to what Jesus may have to say to you. 'Speak, Lord, for your servant is listening.' Try to spend at least some of the time in complete silence and stillness.

A Programmed Watch

Here is a possible outline of prayer for the period of your Watch:

Slowly read chapter 17 of St John's Gospel. Then keep silence for at least five minutes, in complete stillness.

Divide up the rest of the time for Acts of

Faith: ask God for the grace to believe and trust him.

Adoration: offer God your love and praise, perhaps using once more the words of the Gloria sung at Mass.

Sorrow: we can express our sorrow for sin by saying the Kyries and Agnus Dei.

Thanksgiving: count your blessings, one by one.

Intercession: pray for others and say the Lord's Prayer.

Union: pray these words: Lord Jesus, I want to love you and be your close friend. You proved your love for me by dying for me. Let me prove my love for you by caring for all the people I meet.

A Biblical Watch

This evening's Gospel is the first fifteen verses of chapter 13 of St John's Gospel. Continue that chapter and, if time allows, go on through chapters 14-17, reading slowly and thoughtfully. If you can, end your Watch with a short time of silence.

Further Prayers for your own private use

Welcome, welcome, dear Jesus,
I open my heart and soul to you.
How glad I am that you have come to me, even though I am not worthy,
Because you are Christ, the Son of God.
I believe this, because you have said it,
and your word is true.

Sweet Jesus, I love you.
You give yourself to me
because you love me.
I want to love you now and always.
I want to go on loving you more and more.
Dear Jesus, do not let me become selfish,
always thinking of myself
because that would stop me loving you.

Good Friday

In the liturgy of Good Friday we listen to God's Word in Holy Scripture, and join in the telling of the whole story of the Lord's Passion. Why did Christ have to suffer and die? The Father asked him to live a life which would perfectly express the life that we are called to live, in the love and service of the creator—this life, in a world where sin and egotism are active, gradually and inevitably carried Jesus to the suffering and death which Good Friday commemorates. Yet his death is not simply a tragedy or a dead end. It is the expression of God's pardon and love: 'God so loved the world that he gave his only begotten Son'. So it is not just the tragedy of the Cross that we reflect on, but Christ's triumph over suffering and death. We gaze upon the image of Christ crucified, in painful amazement that an instrument of torture and death was transformed by Jesus' sacrifice into the tree of life for us. Everything in this liturgy points us to the fact that we are not simply commemorating Christ's passion and death as a past event. The liturgy brings the power and effect of that event into the here and now—into our own lives. If you have a Crucifix, an icon or picture of the Crucifixion or a plain cross, this would be a good image to use to focus on whilst praying, meditating and hearing the Scriptures. You may wish to begin with it veiled, and then remove the veil to behold the image of the Cross, that instrument of torture and death, which has become for us the Tree of Life. Try kneeling, before the image of the Cross - not in worship of the image itself, but allowing your faith to take your prayers, love and devotion through the image, through time and space to worship the Lamb who was slain before the foundation of the world. We hear the story of Jesus' Passion again, this time from St John's Gospel. This lengthy reading gives us the time to let the words quiet us, illuminate us, cleanse our hearts and lead us on our journey towards Salvation.

Readings for today

Isaiah 52:13-53:12; Psalm 31; Hebrews 4:14-5:9; John 18:1-19:42

Before the Cross, we pour out our prayers for God's Church, His people, all people of the world and all His Creation. These are the intentions for the prayers that would be said in the church. These intentions are prayed in a general way in church, but you can pray for a person, an issue, a situation or anything that you find that is on your heart.

The Solemn Intercessions

Intercessions are made for:

Holy Church, All orders & degrees of the faithful, Catechumens, The unity of Christians, The Jewish people, Those who do not believe in Christ, Those who do not believe in God, Those in public office & Those in tribulation.

The Unveiling of the Cross

A priest or a deacon would normally enter the church and unveil the cross for us to venerate. This could be a time when you unveil a crucifix or icon saying the following words:

**Behold the wood of the Cross, on which hung the salvation of the world.
Come let us worship!**

The Adoration of the Cross

Normally the priest, and then the people approach the Cross to venerate it. The veneration is traditionally made by kneeling down and kissing the foot of the Cross as a sign of love for our Lord and reverence for his Cross. If you have a Crucifix, an icon of the Crucifixion or a Cross, you may wish to venerate it in this or in a similar way. You may wish to say aloud these chants.

*We adore your Cross, O Lord,
we praise and glorify your holy Resurrection,
for behold, because of the wood of a tree
joy has come to the whole world.*

*May God have mercy on us and bless us;
may He let His face shed its light upon us
and have mercy on us.*

*We adore your Cross, O Lord,
we praise and glorify your holy Resurrection,
for behold, because of the wood of a tree
joy has come to the whole world.*

The Reproaches

My people, what have I done to you?
Or how have I grieved you? Answer me!
Because I led you out of the land of Egypt,
you have prepared a Cross for your Saviour.

Holy is God, Holy and Mighty
Holy and Immortal One, have mercy on us.

Because I led you out through the desert forty years
and fed you with manna and brought you into a land of plenty,
you have prepared a Cross for your Saviour.

Holy is God, Holy and Mighty
Holy and Immortal One, have mercy on us.

What more should I have done for you and have not done?
Indeed, I planted you as my most beautiful chosen vine
and you have turned bitter for me,
for in my thirst you have me vinegar to drink
and with a lance you pierced your Saviour's side.

Holy is God, Holy and Mighty
Holy and Immortal One, have mercy on us.

Holy Communion

As we are not able to gather as the Church in our church buildings this year, and therefore cannot receive Holy Communion on Good Friday (which we do, trusting that even though we call to mind His Passion and Precious Death, He is raised from the dead and seated at the right hand of the Father and therefore available to us) together we will use a prayer from the Rite of Spiritual Communion, knowing that we are united with one another and our Lord Jesus Christ through our Baptism. It is important to remember that on Good Friday we are not simply recalling a sad moment, the death of a good man. We are bringing to mind the way in which evil, sin and death were conquered by God! The suffering that Jesus underwent has put an end to the finality of suffering and death. Our recalling His Passion helps us understand our journey, our Cross carrying pilgrimage through this world as we make our way to the rooms prepared for us in the Father's house.

My Jesus, I believe that you are present in the most holy sacrament of the altar.
I love you above all things, and I desire to receive,
body and blood, soul and divinity.

Since I cannot at this time receive you sacramentally,
come at least spiritually into my heart.

I embrace you as if you were already there and unite myself wholly to you.

Never permit me to be separated from you or from the community of your church,
and lead me with all your holy people to your banquet in heaven. Amen.

The Solemn Liturgy ends in silence, there is no formal dismissal as the Triduum (Three Days) continues on Saturday Evening with the Vigil of Easter.

Easter Vigil

This is the most blessed of all nights! The most important moment in the entire year, The night of Passover, when Christ passed from death to the glory of the resurrection.

At the Easter Vigil, most years we would light the new Paschal Candle from the new fire of Easter and process into the dark church carrying candles. The Exultet is sung and we hear readings from Scripture which tell of God's saving acts throughout history. The Gloria in excelsis is sung as the organ strikes up and bells ring out. Christians from earliest times devoted this night to watching and waiting. We too can still keep our Vigil knowing that the Lord will rise triumphant from the tomb to establish his Church among us. The Resurrection of Jesus is the climax of history towards which God our Father has been directing us from the beginning of time. Though we are not able to have an Easter fire this year, the Paschal Candle will still be blessed and lit in a Christian house and we will still proclaim "Glory to God in the highest!" We can renew our Baptismal vows, confident that despite separation, we are knit together in one communion and fellowship. The Paschal Candle is a symbol of the light of Christ, which shines in the darkness and the darkness does not overcome it. Even in the midst of the current darkness that we are experiencing in the form of the coronavirus, Christ's light shines.

Old Testament Readings

Tonight there are three Old Testament readings all speaking of Christ's role in creation and salvation.

Genesis 1:1-2:2; Exodus 14:15-15:1; Ezekiel 37:1-14

Gloria in Excelsis Deo

Glory to God in the highest,
and peace to his people on earth. Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand
of the Father: receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

New Testament Reading and Psalm

We read the New Testament Scriptures which speak of Christ's work amongst us, firstly hearing from St Paul, and then the words of the Gospel according to St Matthew.

Romans 6:3-11; Psalm 117; Matthew 28:1-10

Renewal of Baptismal Vows

The Easter Vigil was traditionally the time for Baptising those who had converted to the Christian faith. Sadly this year we are unable to do so, however, we can reaffirm and renew our Baptismal Vows, thanking God for calling us into the communion of His Church. Water would be blessed and all the people sprinkled with it. Although this is not possible for us this year, we can recall whenever we use water to wash ourselves that in our Baptism we have been washed in the Blood of the Lamb.

Do you reject the devil and all rebellion against God?

I reject them.

Do you renounce the deceit and corruption of evil?

I renounce them.

Do you repent of the sins that separate us from God and neighbour?

I repent of them.

Do you turn to Christ as Saviour?

I turn to Christ.

Do you submit to Christ as Lord?

I submit to Christ.

Do you come to Christ, the way, the truth and the life?

I come to Christ.

Profession of Faith

Do you believe and trust in God the Father?

I believe in God, the Father almighty, creator of heaven and earth.

Do you believe and trust in his Son Jesus Christ?

I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died, and was buried;
he descended to the dead.

On the third day he rose again; he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

Do you believe and trust in the Holy Spirit?

I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting.
Amen.

After the renewal of Baptism vows, and the sprinkling with Holy Water. The Easter Vigil continues in the same pattern as the usual Sunday Eucharist, reminding us that each Sunday is a celebration of the Resurrection of Jesus and that He is truly Risen indeed! This is a time to use the Rite of Spiritual Communion, recalling that Holy Communion is rooted and linked to the Sacrament of Baptism that we have just recalled.

RITE OF SPIRITUAL COMMUNION

Find a place of quiet, perhaps light a candle by a crucifix or other Christian image, and prepare yourself to join the clergy at the celebration of the Holy Week Liturgies.

Introduction and Penitential Rite

In the name of the ✠ Father and of the Son and of the Holy Spirit. Amen

Take a moment for an examination of your conscience and confess your sins

Almighty God, our heavenly Father,
we have sinned against you and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry, and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us, forgive us all that is past;
and grant that we may serve you in newness of life
to the glory of your name. Amen

Pray the collect for Trinity 21 as a mark of absolution.

Grant, we beseech you, merciful Lord,
to your faithful people pardon and peace;
that we may be cleansed from all our sins,
and serve you with a quiet mind;
through Jesus Christ our Lord. Amen.

The Readings

Together, the Church opens Holy Scriptures and reads about Christ and encounters Him. Take some time to read through the readings of the day, confident that God will reveal His will for the Church and for you personally through the Scriptures. See each daily guide at the beginning of this booklet for the readings, reflections and other prayers.

Intercessions

Use this time to pray for the needs of the Church, the World, our Nation and Government, our local parishes, the NHS and its workers, the sick and the dying and those who have departed this world. End this with praying the words of the Lord's Prayer.

Spiritual Communion

This is the time to reflect on God's continual gift of himself in the Eucharist to feed and nourish us. While we can no longer physically participate and partake of his body and blood, use this time to nevertheless focus on that gift, which he continues to feed us with spiritually. The following prayers maybe of use at this time.

A prayer to make a spiritual act of communion:

In union, O Lord with the faithful at every altar of Thy Church, where the Holy Eucharist is now being celebrated, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body with the earnest wish that may always be united to Thee. And since I can not now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. Let nothing ever separate Thee from me. May I live and die in Thy love. Amen.

Anima Christi Prayer

Soul of Christ, sanctify me;
Body of Christ, save me;
Blood of Christ, inebriate me;
Water from the side of Christ, wash me;
Passion of Christ, strengthen me;
O good Jesus hear me;
Within your wounds hide me;
separated from you, let me never be;
From the evil one protect me;
At the hour of my death, call me;
And close to you bid me; That with your saints,
I may be praising you forever and ever.

Approach to the Cross

My Jesus, I believe that you are present in the most holy sacrament of the altar. I love you above all things, and I desire to receive, body and blood, soul and divinity.
Since I cannot at this time receive you sacramentally, come at least spiritually into my heart.
I embrace you as if you were already there and unite myself wholly to you.
Never permit me to be separated from you or from the community of your church, and lead me with all your holy people to your banquet in heaven. Amen.

Concluding Rites

Having spiritually been fed by Christ in communion, now prepare yourself to do what he wishes and to be his hands and feet in the world.

✠ The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

Let me go forth glorifying the Lord by my life.

A Selection of Hymns for use during Holy Week

Palm Sunday

All glory, laud and honour
To thee, redeemer King,
To whom the lips of children
Made sweet hosannas ring.

1. Thou art the King of Israel,
Thou David's royal Son,
Who in the Lord's name comest,
The King and blessed One. *Refrain*

2. The company of Angels
Are praising thee on high,
And mortal men and all things
Created make reply. *Refrain*

1. My song is love unknown,
My Saviour's love to me;
Love to the loveless shown,
That they might lovely be.
O who am I,
That for my sake
My Lord should take
Frail flesh and die.

2. He came from his blest throne
Salvation to bestow;
But men made strange, and none
The longed for Christ would know:
But O! my Friend,
My Friend indeed,
Who at my need
His life did spend.

3. Sometimes they strew His way,
And His sweet praises sing;
Resounding all the day
Hosannas to their King:
Then 'Crucify!'
Is all their breath,
And for His death
They thirst and cry.

3. The people of the Hebrews
With palms before thee went;
Our praise and prayer and anthems
Before thee we present. *Refrain*

4. To thee before thy passion
They sang their hymns of praise;
To thee now high exalted
Our melody we raise. *Refrain*

5. Thou didst accept their praises,
Accept the prayers we bring,
Who in all good delightest,
Thou good and gracious King. *Refrain*

4. They rise and needs will have
My dear Lord made away;
A murderer they save,
The Prince of life they slay,
Yet cheerful He
To suffering goes,
That He His foes
From thence might free.

5. In life, no house, no home
My Lord on earth might have;
In death, no friendly tomb,
But what a stranger gave.
What may I say?
Heaven was His home;
But mine the tomb
Wherein He lay.

6. Here might I stay and sing,
No story so divine;
Never was love, dear King!
Never was grief like Thine.
This is my Friend,
In whose sweet praise
I all my days
Could gladly spend.

Maundy Thursday

1. Of the glorious body telling,
O my tongue, its mysteries sing,
And the Blood, all price excelling,
Which the world's eternal King,
In a noble womb once dwelling,
Shed for this world's ransoming.

2. Given for us, for us descending,
Of a Virgin to proceed,
Man with man in converse blending,
Scattered he the Gospel seed,
Till his sojourn drew to ending,
Which he closed in wondrous deed.

3. At the last great Supper lying
Cirled by his brethren's band,
Meekly with the law complying,
First he finished its command,
Then, immortal food supplying,
Gave himself with his own hand.

4. Word made flesh, by word he maketh
Very bread his flesh to be;
Man in wine Christ's blood partaketh:
And if senses fail to see,
Faith alone the true heart waketh
To behold the mystery.

5. Therefore we, before him bending,
This great sacrament revere;
Types and shadows have their ending,
For the newer rite is here;
Faith, our outward sense befriending,
Makes the inward vision clear.

6. Glory let us give, and blessing,
To the Father and the Son;
Honour, might and praise addressing,
While eternal ages run;
Ever too his love confessing,
Who from both, with both is one. Amen.

1. Where true love is dwelling, God is dwelling there;
God's own loving presence love does ever share.
Love of Christ has made us out of many one,
in our midst is dwelling God's eternal Son.

2. Give him joyful welcome, love him and revere,
cherish one another with a love sincere.
As in Christ we gather discord has no part;
ours is but one spirit, but one mind and heart.

3. Bitterness now ended, let there be accord;
always with us dwelling be our God and Lord.
May we share the vision with the saints on high
of Christ's matchless glory when we come to die.

4. Joy of all the blessed, be our heav'nly prize,
dwell with us forever, Lord of Paradise!
Where true love is dwelling, God is dwelling there,
love's own loving presence love does ever share.

Good Friday

*Faithful cross! above all other
One and only noble Tree!
None in foliage, none in blossom,
None in fruit thy peer may be;
Sweetest wood and sweetest iron!
Sweetest weight is hung on thee.*

1. Sing my tongue, the glorious battle,
Sing the ending of the fray,
O'er the Cross, the victor's trophy,
Sound the loud triumphant lay:
Tell how Christ the world's Redeemer,
As a victim won the day.

2. God in pity saw man fallen,
Shamed and sunk in misery,
When he fell on death by tasting
Fruit of the forbidden tree:
Then another tree was chosen
Which the world from death should free.

3. Therefore when the appointed fullness
Of the holy time was come,
He was sent who maketh all things
Forth from God's eternal home:
Thus he came to earth, incarnate,
Offspring of a maiden's womb.

1. When I survey the wondrous Cross,
On which the Prince of glory died,
My richest gain I count but loss,
And pour contempt on all my pride.

2. Forbid it, Lord, that I should boast
Save in the death of Christ my God;
All the vain things that charm me most,
I sacrifice them to his Blood.

3. See from his head, his hands, his feet,
Sorrow and love flow mingled down;
Did e'er such love and sorrow meet,
Or thorns compose so rich a crown?

4. Bend thy boughs, O Tree of Glory,
Thy too rigid sinews bend;
For awhile the ancient rigour
That thy birth bestowed, suspend,
And the King of heavenly beauty
On thy bosom gently tend.

5. Thirty years among us dwelling,
Now at length his hour fulfilled.
Born for this, he meets his Passion,
For that this he freely willed,
On the Cross the Lamb is lifted,
Where his life-blood shall be spilled.

6. He endured the nails, the spitting,
Vinegar and spear and reed:
From that holy Body pierced
Blood and water forth proceed:
Earth and stars and sky and ocean
By that floor from stain are freed.

4. His dying crimson like a robe,
Spreads o'er his body on the tree;
Then am I dead to all the globe,
And all the globe is dead to me.

5. Were the whole realm of nature mine,
That were a present far too small;
Love so amazing, so divine,
Demands my soul, my life, my all.

Holy Saturday / Easter

1. At the Lamb's high feast we sing
Praise to our victorious King;
Who hath washed us in the tide
Flowing from his pierced side;
Praise we him whose love divine
Gives the guests his blood for wine,
Gives His body for the feast,
Love the Victim, Love the Priest.

2. Where the Paschal blood is poured,
Death's dark angel sheathes his sword;
Israel's hosts triumphant go
Through the wave that drowns the foe.
Christ, the Lamb whose blood was shed,
Paschal Victim, Paschal Bread!
With sincerity and love
Eat we Manna from above.

1. Jesus Christ is risen today, Alleluya!
Our triumphant holy day, Alleluya!
Who did once upon the Cross, Alleluya!
Suffer to redeem our loss. Alleluya!

2. Hymns of praise then let us sing, Alleluya!
Unto Christ our heavenly King, Alleluya!
Who endured the Cross and grave, Alleluya!
Sinners to redeem and save. Alleluya!

3. But the pains that he endured, Alleluya!
Our salvation have procured, Alleluya!
Now above the sky he's King, Alleluya!
Where the angels ever sing. Alleluya!

3. Mighty Victim from on high,
Powers of hell beneath thee lie;
Death is broken in the fight,
Thou hast brought us life and light.
Now thy banner thou does wave,
Conquering Satan and the grave.
See the prince of darkness quelled;
Heaven's bright gates are open held.

4. Paschal triumph, Paschal joy,
Only sin can this destroy;
From sin's death do thou set free,
Souls re-born, dear Lord, in thee.
Hymns of glory, songs of praise,
Father, unto thee we raise.
Risen Lord, all praise to thee,
Ever with the Spirit be.

Regina Caeli

This prayer reminds us at Easter, and throughout the year, of how much we have to be thankful for, even in the midst of our daily trials. When our Lord conquered death in His resurrection he opened the gates of Heaven for us to be able to share Eternal Life with Him there, along with his Mother, the saints, and our loved ones! It is prayed during Eastertide at the times when the Angelus would traditionally be said. 6am, 12noon and 6pm.

Queen of Heaven, rejoice. Alleluia.

For He, whom thou wast worthy to bear. Alleluia.

Has risen as He said. Alleluia.

Pray for us to God. Alleluia.

✠ Rejoice and be glad, O Virgin Mary. Alleluia.

℟ Because the Lord is truly risen, Alleluia.

Let us pray

O God, who by the Resurrection of thy Son, our Lord Jesus Christ, hast been pleased to give joy to the whole world, grant we beseech thee, that through the intercession of the Blessed Virgin Mary, his Mother, we may attain the joys of eternal life. Through the same Christ, our Lord. Amen.

