



ST ANDREW'S
CHURCH
WEST TARRING



St Symphorian's Church
DURRINGTON



ST RICHARD'S
CHURCH
MAYBRIDGE

Morning and Evening Prayer

(Holy Week)

MORNING PRAYER

Find a place of quiet, perhaps light a candle by a crucifix or other Christian image, and prepare yourself to join your prayer and the Christian community in the world.

✠ Lord, open our lips.
And we shall praise your name

Psalmody

Christ the Lord was tempted and suffered for us. Come, let us adore him.

Come ring out our joy to the Lord;
hail the God who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord.

A mighty God is the Lord,
a great king above all gods.
In his hand are the depths of the earth;
the heights of the mountains are his.
To him belongs the sea, for he made it
and the dry land shaped by his hands.

Come in; let us bow and bend low;
let us kneel before the God who made us:
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand.

O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my work.

For forty years I was wearied of these people
and I said: "Their hearts are astray,
these people do not know my ways."
Then I took an oath in my anger:
"Never shall they enter my rest."

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be, world without end. Amen.

Christ the Lord was tempted and suffered for us. Come, let us adore him.

Short Reading

Palm Sunday (Zechariah 9:9)

Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey.

Holy Monday (Jeremiah 11:19-20)

I was like a trustful lamb being led to the slaughter-house, not knowing the schemes they were plotting against me, 'Let us destroy the tree in its strength, let us cut him off from the land of the living, so that his name may be quickly forgotten!' But you, Lord of Hosts, who pronounce a just sentence, who probe the loins and heart, let me see the vengeance you will take on them, for I have committed my cause to you.

Holy Tuesday (Zechariah 12:10-11)

Over the House of David and the citizens of Jerusalem I will pour out a spirit of kindness and prayer. They will look on the one whom they have pierced; they will mourn for him as for an only son, and weep for him as people weep for a first-born child. When that day comes, there will be great mourning in Judah.

Holy Wednesday (Isaiah 50:5-7)

The Lord has opened my ear. For my part, I made no resistance, neither did I turn away. I offered my back to those who struck me, my cheeks to those who tore at my beard; I did not cover my face against insult and spittle. The Lord comes to my help, so that I am untouched by the insults. So, too, I set my face like flint; I know I shall not be shamed.

Maundy Thursday (Hebrews 2:9-10)

We have seen Jesus crowned with glory and splendour because he submitted to death; by God's grace he had to experience death for all mankind. As it was his purpose to bring a great many of his sons into glory, it was appropriate that God, for whom everything exists and through whom everything exists, should make perfect, through suffering, the leader who would take them to their salvation.

Good Friday (Isaiah 52:13-15)

See, my servant will prosper, he shall be lifted up, exalted, rise to great heights. As the crowds were appalled on seeing him – so disfigured did he look that he seemed no longer human – so will the crowds be astonished at him, and kings stand speechless before him; for they shall see something never told and witness something never heard before.

Holy Saturday (Hosea 5:15-6:2)

The Lord says this: They will search for me in their misery. 'Come, let us return to the Lord. He has torn us to pieces, but he will heal us; he has struck us down, but he will bandage our wounds; after a day or two he will bring us back to life, on the third day he will raise us and we shall live in his presence.'

Responsory

You have redeemed us, Lord, by your blood.

– *You have redeemed us, Lord, by your blood.*

From every tribe and tongue and people and nation.

– *You have redeemed us, Lord, by your blood.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *You have redeemed us, Lord, by your blood.*

Benedictus

✠ Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be, world without end. Amen.

Prayers and Intercessions

Let us pray to our Redeemer, who suffered, was buried, and rose from the dead.

– Lord, have mercy on us.

Lord and master, for us you became obedient even to death; keep us faithful to God's will in the darkness of our lives.

– Lord, have mercy on us.

Jesus, our life, by dying on the cross you destroyed hell and death; grant that we may die with you and rise with you in glory.

– Lord, have mercy on us.

Christ, our king, you were the scorn of the people, a worm not a man; teach us to tread your path of humility.

– Lord, have mercy on us.

Jesus, our Saviour, you laid down your life for your friends; let us love one another as you have loved us.

– Lord, have mercy on us.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

The Collect

Almighty, ever-living God,
whose Only-Begotten Son descended to the realm of the dead,
and rose from there to glory,
grant that your faithful people,
who were buried with him in baptism,
may, by his resurrection, obtain eternal life.
Who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.
Amen.

The Blessing

✠ The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

EVENING PRAYER

Find a place of quiet, perhaps light a candle by a crucifix or other christian image, and prepare yourself reflecting on your past day and preparing to join your prayer with everyone else throughout our parishes and the christian community in the world.

✠ O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be, world without end. Amen.

Psalmody

Look, all you peoples, and see my grief.

I trusted, even when I said:

'I am sorely afflicted,'

and when I said in my alarm:

'No man can be trusted.'

How can I repay the Lord

for his goodness to me?

The cup of salvation I will raise;

I will call on the Lord's name.

My vows to the Lord I will fulfil

before all his people.

O precious in the eyes of the Lord

is the death of his faithful.

Your servant, Lord, your servant am I;

you have loosened my bonds.

A thanksgiving sacrifice I make;

I will call on the Lord's name.

My vows to the Lord I will fulfil

before all his people,

in the courts of the house of the Lord,

in your midst, O Jerusalem.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be, world without end. Amen.

Look, all you peoples, and see my grief.

Short Reading

Palm Sunday (*Acts 13:26-30a*)

My brothers, sons of Abraham's race, and all you who fear God, this message of salvation is meant for you. What the people of Jerusalem and their rulers did, though they did not realise it, was in fact to fulfil the prophecies read on every sabbath. Though they found nothing to justify his death, they condemned him and asked Pilate to have him executed. When they had carried out everything that scripture foretells about him they took him down from the tree and buried him in a tomb. But God raised him from the dead.

Holy Monday (*Romans 5:8-9*)

What proves that God loves us is that Christ died for us while we were still sinners. Having died to make us righteous, is it likely that he would now fail to save us from God's anger?

Holy Tuesday (*1 Corinthians 1:27-30*)

To shame what is strong, God chose what is weak by human reckoning; those whom the world thinks common and contemptible are the ones that God has chosen – those who are nothing at all to show up those who are everything. The human race has nothing to boast about to God, but you, God has made members of Christ Jesus and by God's doing he has become our wisdom, and our virtue, and our holiness, and our freedom.

Holy Wednesday (*Ephesians 4:32-5:2*)

Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try to imitate God as children of his that he loves and follow Christ loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

Maunder Thursday (*Hebrews 13:12-15*)

Jesus suffered outside the gate to sanctify the people with his own blood. Let us go to him, then, 'outside the camp', and share his degradation. For there is no eternal city for us in this life but we look for one in the life to come. Through him, let us offer God an unending sacrifice of praise, a verbal sacrifice that is offered every time we acknowledge his name.

Good Friday (*1 Peter 2*)

Christ suffered for you and left an example for you to follow the way he took. He had not done anything wrong, and there had been no perjury in his mouth. He was insulted and did not retaliate with insults; when he was tortured he made no threats but he put his trust in the righteous judge. He was bearing our faults in his own body on the cross, so that we might die to our faults and live for holiness; through his wounds you have been healed.

Holy Saturday (1 Peter 1:18-21)

Remember, the ransom that was paid to free you from the useless way of life your ancestors handed down was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ; who, though known since before the world was made, has been revealed only in our time, the end of the ages, for your sake. Through him you now have faith in God, who raised him from the dead and gave him glory for that very reason – so that you would have faith and hope in God.

Responsory

We worship you, Christ, and we bless you.

– *We worship you, Christ, and we bless you.*

By your cross you have redeemed the world.

– *We worship you, Christ, and we bless you.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *We worship you, Christ, and we bless you.*

Magnificat

✠ My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.

Holy his name!

His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be, world without end. Amen.

Prayers and Intercessions

Let us turn in prayer to the Saviour of all men. By dying he destroyed our death and by rising he restored our life.

– *Sanctify the people you redeemed by your blood.*

Christ, our Redeemer, let us share in your passion by works of penance, let us attain the glory of your resurrection.

– *Sanctify the people you redeemed by your blood.*

Grant us the protection of your Mother, the comforter of the afflicted, help us to extend to others the consolation you have given us.

– *Sanctify the people you redeemed by your blood.*

Unite the faithful to your passion in times of trouble and distress and let the power of your salvation shine forth in their lives.

– *Sanctify the people you redeemed by your blood.*

You humbled yourself even to accepting death, death on a cross; grant to your servants obedience and patience.

– *Sanctify the people you redeemed by your blood.*

Share with the dead your bodily glory; let us rejoice one day with them in the fellowship of the saints.

– *Sanctify the people you redeemed by your blood.*

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

The Collect

By your will, Lord God,

your Son underwent the agony of the cross
to break the power of Satan over man.

Give your people grace to rise again with Christ,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. Amen

The Blessing

✠ The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

THE ANGELUS

The Angelus honours the Incarnation by commemorating the angel's greeting to Mary and her free acceptance of her role in the salvation of mankind. It is traditionally said at 6am, noon, and 6pm.

The angel of the Lord brought tidings unto Mary.
And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, mother of God, pray for us sinners
now and at the hour of our death. Amen.

Behold the handmaid of the Lord.
Be it done unto me according to thy word.

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, mother of God, pray for us sinners
now and at the hour of our death. Amen.

And the Word was made flesh.
And dwelt amongst us.

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, mother of God, pray for us sinners
now and at the hour of our death. Amen.

Pray for us, O holy Mother of God.
That we may be made worthy of the promises of Christ.

Let us pray.

We beseech thee, O Lord, pour thy grace into our hearts; that as we have known the incarnation of thy Son Jesus Christ by the message of an angel, so by His ✠ Cross and Passion, we may be brought to the glory of His Resurrection. Through the same Christ our Lord,
Amen.

