



ST ANDREW'S  
CHURCH  
WEST TARRING



St Symphorian's Church  
DURRINGTON



ST RICHARD'S  
CHURCH  
MAYBRIDGE

# Morning and Evening Prayer

*(During Eastertide)*



# MORNING PRAYER

Find a place of quiet, perhaps light a candle by a crucifix or other Christian image, and prepare yourself to join your prayer and the Christian community in the world.

✠ Lord, open our lips.  
And we shall praise your name

## **Psalmody**

*The Lord has truly risen, alleluia.*

Come ring out our joy to the Lord;  
hail the God who saves us.  
Let us come before him, giving thanks,  
with songs let us hail the Lord.

A mighty God is the Lord,  
a great king above all gods.  
In his hand are the depths of the earth;  
the heights of the mountains are his.  
To him belongs the sea, for he made it  
and the dry land shaped by his hands.

Come in; let us bow and bend low;  
let us kneel before the God who made us:  
for he is our God and we  
the people who belong to his pasture,  
the flock that is led by his hand.

O that today you would listen to his voice!  
'Harden not your hearts as at Meribah,  
as on that day at Massah in the desert  
when your fathers put me to the test;  
when they tried me, though they saw my work.

For forty years I was wearied of these people  
and I said: "Their hearts are astray,  
these people do not know my ways."  
Then I took an oath in my anger:  
"Never shall they enter my rest."

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be, world without end. Amen.

*The Lord has truly risen, alleluia.*

## Short Reading

### **Sunday** (Acts 10: 40-43)

God raised Jesus to life on the third day and allowed him to be seen, not by the whole people but only by certain witnesses God had chosen beforehand. Now we are those witnesses – we have eaten and drunk with him after his resurrection from the dead – and he has ordered us to proclaim this to his people and to tell them that God has appointed him to judge everyone, alive or dead. It is to him that all the prophets bear this witness: that all who believe in Jesus will have their sins forgiven through his name.

### **Monday** (Romans 10: 8-10)

The word is very near to you, it is on your lips and in your heart: the word, that is, of the faith we proclaim. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved.

### **Tuesday** (Acts 13: 30-33)

God raised Jesus from the dead, and for many days he appeared to those who had accompanied him from Galilee to Jerusalem: and it is these same companions of his who are now his witnesses before our people. We have come here to tell you the Good News. It was to our ancestors that God made the promise but it is to us, their children, that he has fulfilled it, by raising Jesus from the dead. As scripture says in the second psalm: You are my son: today I have become your father.

### **Wednesday** (Romans 6:8-11)

We believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

### **Thursday** (Romans 8: 10-11)

Though your body may be dead it is because of sin, but if Christ is in you then your spirit is life itself because you have been justified; and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

### **Friday** (Acts 5: 30-32)

It was the God of our ancestors who raised up Jesus, but it was you who had him executed by hanging on a tree. By his own right hand God has now raised him up to be leader and saviour, to give repentance and forgiveness of sins through him to Israel. We are witnesses to all this, we and the Holy Spirit whom God has given to those who obey him.

**Saturday** (Isaiah 1:16-18)

Wash yourselves, make yourselves clean. Take your wrong-doing out of my sight. Cease to do evil. Learn to do good, search for justice, help the oppressed, be just to the orphan, plead for the widow. Come now, let us talk this over, says the Lord. Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool.

## **Responsory**

The Lord has risen from the dead, alleluia, alleluia.

– The Lord has risen from the dead, alleluia, alleluia.

For our sake he died on the cross, alleluia, alleluia.

– The Lord has risen from the dead, alleluia, alleluia.

Glory be to the Father and to the Son and to the Holy Spirit.

– The Lord has risen from the dead, alleluia, alleluia.

## **Benedictus**

✠ Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

He has raised up for us a mighty saviour in the house of David his servant, as he promised by the lips of holy men, those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.

So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be, world without end. Amen.

## **Prayers and Intercessions**

The Father has glorified Jesus and handed over to him the whole of creation. Let us praise him in our morning prayer.

– Lord, save us through your victory.

Lord Jesus, you have broken the power of hell, destroying sin and death; do not let us be defeated in our struggle with temptation.

– Lord, save us through your victory.

You have ended death for ever and given us new life; guide our steps today along the path that leads to God.

– Lord, save us through your victory.

You rose from the dead to renew all people; grant eternal life to everyone we meet.

– Lord, save us through your victory.

The disciples rejoiced when you came back from the grave; fill the hearts of your servants with overflowing joy.

– Lord, save us through your victory.

## **The Lord's Prayer**

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

## **The Collect**

Lord God,

you brought us healing through the Easter mysteries.

Continue to be bountiful to your people: lead us to the perfect freedom,

by which the joy that gladdens our way on earth will be fulfilled in heaven.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in

the unity of the Holy Spirit, one God, for ever and ever. Amen.

## **The Blessing**

✠ The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
Amen.

# EVENING PRAYER

*Find a place of quiet, perhaps light a candle by a crucifix or other christian image, and prepare yourself reflecting on your past day and preparing to join your prayer with everyone else throughout our parishes and the christian community in the world.*

✠ O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be, world without end. Amen.

## **Psalmody**

*The Lord protected his people as the apple of his eye. Alleluia.*

I lift up my eyes to the mountains:

from where shall come my help?

My help shall come from the Lord

who made heaven and earth.

May he never allow you to stumble!

Let him sleep not, your guard.

No, he sleeps not nor slumbers,

Israel's guard.

The Lord is your guard and your shade;

at your right side he stands.

By day the sun shall not smite you

nor the moon in the night.

The Lord will guard you from evil,

he will guard your soul.

The Lord will guard your going and coming

both now and for ever.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be, world without end. Amen.

*The Lord protected his people as the apple of his eye. Alleluia.*

## Short Reading

### **Sunday** (*Hebrews 10:12-14*)

Christ has offered one single sacrifice for sins, and then taken his place forever, at the right hand of God, where he is now waiting until his enemies are made into a footstool for him. By virtue of that one single offering, he has achieved the eternal perfection of all whom he is sanctifying.

### **Monday** (*Hebrews 8: 1-3*)

Our High Priest has his place at the right of the throne of divine Majesty in the heavens, and he is the minister of the sanctuary and of the true Tent of Meeting which the Lord, and not any man, set up. It is the duty of every high priest to offer gifts and sacrifices.

### **Tuesday** (*1 Peter 2: 4-5*)

The Lord is the living stone, rejected by men but chosen by God and precious to him; set yourselves close to him so that you too, the holy priesthood that offers the spiritual sacrifices which Jesus Christ has made acceptable to God, may be living stones making a spiritual house.

### **Wednesday** (*Hebrews 7: 24-27*)

Jesus, because he remains for ever, can never lose his priesthood. It follows, then, that his power to save is utterly certain, since he is living for ever to intercede for all who come to God through him. To suit us, the ideal high priest would have to be holy, innocent and uncontaminated, beyond the influence of sinners, and raised up above the heavens; one who would not need to offer sacrifices every day, as the other high priests do for their own sins and then for those of the people, because Jesus Christ our Lord has done this once and for all by offering himself.

### **Thursday** (*1 Peter 3: 18, 21-22*)

Christ himself, innocent though he was, had died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life. And now you are saved, not by the washing off of physical dirt but by a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

### **Friday** (*Hebrews 5: 8-10*)

Christ, although he was Son, learnt to obey through suffering; but having been made perfect, he became for all who obey him the source of eternal salvation and was acclaimed by God with the title of high priest of the order of Melchizedek.

### **Saturday** (*1 Peter 2: 9-10*)

You are a chosen race, a royal priesthood, a consecrated nation, a people set apart to sing the praises of God who called you out of the darkness into his wonderful light. Once you were not a people at all and now you are the People of God; once you were outside the mercy and now you have been given mercy.



## **Responsory**

The Lord has truly risen, alleluia, alleluia.

– The Lord has truly risen, alleluia, alleluia.

He has appeared to Simon.

– The Lord has truly risen, alleluia, alleluia.

Glory be to the Father and to the Son and to the Holy Spirit.

– The Lord has truly risen, alleluia, alleluia.

## **Magnificat**

✠ My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be, world without end. Amen.

## **Prayers and Intercessions**

Let us pray to Christ, who was raised up by the Holy Spirit in his living and life-giving body.

– Lord, renew the whole of your creation.

Christ, Saviour of the world, king of the new creation, you are enthroned at God's right hand; set our hearts on the things that are of heaven.

– Lord, renew the whole of your creation.

Lord, you are living always in your Church: lead her through the Holy Spirit into the fullness of your truth.

– Lord, renew the whole of your creation.

Have pity on the sick, the distressed and the dying; strengthen, comfort and sustain them.

– Lord, renew the whole of your creation.

Christ, unfailing light, accept our devotion at the close of this day; shed the radiance of your glory on the faithful departed.

– Lord, renew the whole of your creation.

## **The Lord's Prayer**

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

## **The Collect**

Lord God,

you brought us healing through the Easter mysteries.

Continue to be bountiful to your people: lead us to the perfect freedom,

by which the joy that gladdens our way on earth will be fulfilled in heaven.

Through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,

one God, for ever and ever. Amen.

## **The Blessing**

✠ The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
Amen.

# THE REGINA CAELI

*This prayer reminds us at Easter, and throughout the year, of how much we have to be thankful for, even in the midst of our daily trials. When our Lord conquered death in His resurrection he opened the gates of Heaven for us to be able to share Eternal Life with Him there, along with his Mother, the saints, and our loved ones! It is prayed during Eastertide at the times when the Angelus would traditionally be said. 6am, 12noon and 6pm.*

Queen of Heaven, rejoice. Alleluia.

For He, whom thou wast worthy to bear. Alleluia.

Has risen as He said. Alleluia.

Pray for us to God. Alleluia.

℣. Rejoice and be glad, O Virgin Mary. Alleluia.

℟. Because the Lord is truly risen, Alleluia.

O God, who by the Resurrection of thy Son, our Lord Jesus Christ, hast been pleased to give joy to the whole world, grant we beseech thee, that through the intercession of the Blessed Virgin Mary, his Mother, we may attain the joys of eternal life. Through the same Christ, our Lord. Amen.

